



LUNDS
UNIVERSITET

Exchange Report (Spring 2017/18)

Lund University School of Economics and Management

YUNG Hoi Yi | BSc in IS & MARK | Year3



I. Monthly Activity Log

JANUARI

✧ Adapt to the New Environment

I arrived at the Scandinavia on 21 December, far before the exchange semester started to enjoy a white Christmas and New Year with my family. The journey on my own started on 8 January. With a mixed feeling of nervousness and excitement, I booked a train ticket to Lund from Gothenburg. My landlord is so nice that he picked me up at Lund train station. The semester started with the Arrival day the next day. I remember it all so vividly it was a perfect sunny day. All exchange students came to the IKDC building for registration. There I met other exchange students from HK and a Parisian girl who were going to be my important travel buddies in the coming months.



Fight in the First Snow in Lund!



*Met an officer riding horse during our
Söderåsen National Park Hiking*

The first month in Lund was truly fruitful and busy. I did a lot of grocery shopping in supermarkets and even shopped in the IKEA in Malmö (the city next to Lund) with my friends to get myself settled. I also had fun in a bunch of orientation activities, both official organized by LUSEM and unofficial gatherings. Following the schedule of orientation weeks, I joined the Treasure Hunt Challenge, Söderåsen National Park Hiking, a concert at Lund Cathedral and the SUSAs Introductory Swedish Course. Together with my new friends, I went to a sittning (seated meal) organized by

Västgöta Nation (the student nation I joined) and a bonfire night at Pålsjöäng (a student residential area).

Among all, I found the sittning most impressive as I could have a taste of how Swedes socialize. As for the SUSAs course, it was really worth-taking. What we learnt could be used in our daily lives. Our instructor Fredrik is a young and funny guy who can create a good atmosphere despite our large class size. I eventually got an A grade in the SUSAs exam after 2 weeks of lectures.



VG Nation Welcoming Sittning



Me at Nyhavn, Copenhagen

In mid-January, I went to Copenhagen with my friends. It is an advanced but small city that we basically only used one day to get to all the famous attractions, namely Nyhavn, H.C. Andersen Fairytale House, Town Hall and the little mermaid statue. Yet to our disappointment, the Tivoli Garden and the restaurant serving traditional open face Danish sandwiches were close at that time.

FEBRUARI

✧ Explore Places in Europe

I was still in the mood of 'Orientation Weeks' when the first month has slipped away. I tried to meet more people through engaging in the activities held by Eos Cares, a social group in the Lund. I joined a fika (coffee break) in which the host talked about grocery shopping in Lund and went ice-skating in Sparbanken Skåne Arena.



Ice-skating in Sparbanken Skåne Arena

The main focus of this month, I would say, is planning for trips. In the first week, I had a day trip to the nearby city, Malmö, enjoying the fascinating parks, visiting the modern City Library and trying out the Swedish burger chain, Max Burgers.



Kungsparken, Malmö



Platform 9¾ at King's

Then I travelled to London to find my friend studying abroad. As a fan of Harry Potter and Sherlock Holmes series, I finally got the chance to visit Platform 9¾ at King's Cross Station and 221B Baker Street. I also took a punting tour in Cambridge University, listening to the Cambridge's eventful history.

A week later after returning to Lund, I was away again. It was my first trip to two of the Baltic States, Latvia and Lithuania. The architectures and street scenery of two countries look very different from that of other European countries I have been to. Vintage buses and trams are still running on the streets and the buildings are very light-colored. The highlight of this trip to me, is the Hill of Crosses. It was a truly unique place where you could feel the tranquility and the history



Hill of Crosses, Lithuania



Two Nice Lithuanian University Students (middle) Helped Me to Get Back My Locked Luggage in the Train Station

walking among the tens of millions of crosses and crucifixes. To travel between the countries, my friends and I chose to take an overnight bus. We watched Black Panther in a cinema to idle away our time and stayed in the freezing bus station before boarding. All of us were super exhausted when we arrived, but still, it was a great experience.

As for my academic journey, I started biking to school in order to cut expense as I got used to the weather in Lund. I was having two courses in the first period of my exchange semester, INFC 40 Information System Securities and FEKG25 Global Strategic Marketing. The former actually started in January while the latter started in February. By far, I was quite disappointed with the information system securities courses as it

was not delivering the practical or technical knowledge as I expected but instead some theoretical models and concepts. The Global Marketing Course, on the contrary, was inspiring. I was grouped with three locals and a Chinese Canadian. There was a seminar once every two weeks when we had to come up with a case analysis as a group. We had a great time sharing stories of our own cultures and I could still recall our interesting conversations on the definition of western world and eastern world to us.

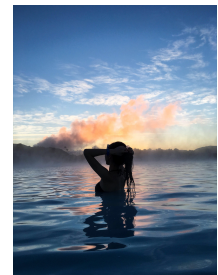
Mars

✧ When Dream Comes True

There is a place that I promised myself to pay a visit to when I decided to go on an exchange in Northern Europe. And my dream came true on 2nd March when I stepped on the land of Iceland. I originally planned to stay longer but unfortunately a compulsory FEKG25 seminar made my Singaporean friend and me go back to Lund in four days. Anyways, I had



Blue Lagoon



This Photo of Me Demonstrates How 'Pic-Worthy' Blue Lagoon is



Gullfoss Waterfall

lots of unforgettable memories in Iceland. We went to the Blue Lagoon, which deserves to be recognized as one of the 25 Wonders of the World. The milky blue water is as heavenly as expected, warm (it was 0°C outside), spacious and soothing. We arrived at sunrise and spent three hours there while enjoying a milkshake and mud masks at the swim up bars. On the same day, we joined the Golden Circle tour and were amazed by the Geysir and Gullfoss Waterfall. What is more exciting is that we hiked a glacier on the next day. None of the photos I took in this country needs a filter. The scenery in Iceland is simply breathtaking. The only fly in the ointment is that we could not even afford a meal. A Subway sandwich already costs 100HKD.



Stepping on a Glacier



'We Conquer the Glacier!'



Östra Torn, Lund in March

Back to the reality, I had a presentation, a quiz for the Global Marketing Course and a take-home exam for the Information System Securities course this month. I managed to handle the presentation and the All-MCs quiz pretty well as it was more or less similar to what we do in Hong Kong and our project topic is interesting to me (IKEA airbrushing women out of Saudi catalogue). The take-home exam was, however, a bit challenging that I had to spend three whole days to write it up. It was basically a task consisted of two parts, the first part requires us to set our own questions related to the course content, answer them and grade them all by ourselves and the other part requires us to write two creative essays.

When every things were done, I treat myself a relaxing short trip to Gdańsk, Poland. My travel buddies and I did not really plan for where to go as usual but just wander around the old part of the city. The food in Poland was so cheap that I had a lot (Polish dumplings, to be specific).



Neptune's Fountain Statue in Gdańsk

APRIL

✧ Appreciate the Beauty of Lund

This month started with three days in Berlin. In this city of histories, we mainly visited some monuments such as the Brandenburg Gate, Memorial to the Murdered Jews of Europe and East Side Gallery. We also went into the Oldest Restaurant in Berlin and tasted the traditional roasted pork knuckle with beer. The German sitting next to us recommended dishes to us and we had a great talk about the exchange student their family hosted.



"The Kiss": One of the Iconic Murals on the Berlin Wall



Cherry Blossoms in Lund

I spent the rest of the month in Lund as the second period of the semester came. I was having another two courses this month, SASH26 Diversity of the World's Languages and FEKH21 International Business & Multinational Enterprises. I took the former course because I always found language learning interesting, but never had the chance to get into a proper linguistics course. I was satisfied since the course really talked about the characteristics of different language



Flowers in Lund

families in the world as expected. Yet FEKH 21 was a total mistake when I registered courses. It is a management course while I do not take this major. I decided not drop it (courses could be dropped anytime during the semester) because I would like to meet more friends in class. To my disappointment, the professor grouped us according to our nationalities and I was in a group of three Hong Kong students and one Australian.

Lund is astonishingly beautiful in April. The weather was getting warmer and flowers started to bloom. Just like unwrapping gifts, it was so exciting to see the leafless bough in winter transforms into flowerful branches. There were even pink and white cherry blossoms in Lund, planted randomly along the path from my home to the academic buildings. But still the weather was unstable. Most days were below 10°C and I once experienced a little hailstorm.



Lund University Main Building in April



Celebrating my Friend's Birthday

One of the biggest events of this month was the celebration of my friend's birthday. Our common friends prepared a big meal together and made a strawberry cake for her. We had a good time in all the preparation work and at the party. Another event I took part in was Valborg, the festival of celebrating the arrival of spring on the last day of April. We went to the city park (Stadsparken) where we enjoyed live music, fire dancing performance and bonfire. We laughed so hard when the ashes burned a tiny hole in my friend's down jacket.



Bonfire on Valborg

MAJ

✧ Something About Food and Cultures



City View of Prague

I travelled to three countries in May. The first trip was to Prague, the city of red roofs. We took a lot of photos on the Charles Bridge, dined at some historic and grand cafes, and had 4 chimney cakes in 3 days. Two days after returning to Lund, I took a flight again. In this trip, I spent a week in Budapest and Vienna, with another group of travel buddies. Taking the classical looking Millennium Underground in Budapest, we went to the Central Market Hall to

have Hungarian fast food as lunch. We also visited the Budapest castle hill to see the dreamy Fisherman's Bastion and Matthias Church. In Vienna, the city of music, we were so glad that we could watch an opera in the Vienna State Opera. Though we had to stand for 3 hours in the crowded standing room, we only spent 4EUR for the show, which is unbelievably cheap for such a luxury art experience.



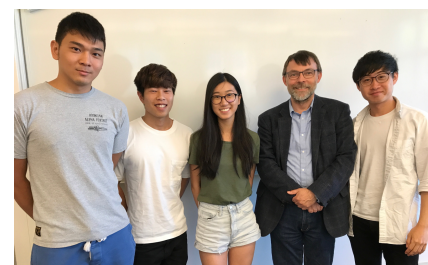
Watching an Opera in Vienna State Opera



Live Music at Lundakarnevalen

In mid-May, we were luckily enough to participate in Lundakarnevalen. The carnival is held only once in four years. There were parades, live music and game booths in Lund Central. Together with the longer daytime in Spring, the city was still bright and lively even at night.

The semester was coming to an end and there was only one course left in this month, my favourite Linguistics course. The course project requires us to give a brief analysis of an 'exotic' language (it cannot our mother language nor a common language in the world e.g. English, Spanish) based only on a questionnaire completed by a native speaker. I chose to work with two Japanese



My SASH professor and my group

and another Hong Kong student on the language Korean. This way I could practice my Japanese and learn a bit Korean at the same time.



*Waffle with Oatly Ice-cream
(My favorite)*

To start clearing out my fridge, I tried making a lot of different dishes like okonomiyaki and dumplings with Chinese chives filling with my friends. (the veggie was planted by my landlords in our backyard) I always thought that there were not much to eat in Sweden but I started to realize that I was becoming addicted to some Swedish brands. I could foresee that I will miss Oatly drinks (vegetarian equivalents to milk products) and AXA granola when I leave.

JUNI

✧ A Farewell to my Beloved Friends and City

Here came a countdown to my exchange journey. I spent a day to get around the city, taking photos and dining in restaurants with my friend on 1st January. Then we, our exchange buddy group, cooked a meal together as usual before we waved goodbye to our Singaporean friends.



Being Photobombed at the Louvre

I had my last trip in my exchange period in the first week of June, heading to Paris. Unlike Hong Kong Disneyland, the Paris one was less crowded so we had a crazy day in the amusement park. We made our free entries into the Louvre Museum and Palace of Versailles using our Swedish student residence permit on the other day. We also had a lot of good food such as crepes, foie gras and tried the best croissant and traditional French restaurant under the guide of our Parisian friend. Her mom even cooked us a dinner at her home.



Me in Front of a Random House in Lund

I left Lund, my second home, on 11th June with great reluctance. I could still recall the announcement on the train on the first day of arrival and every time I returned from trips. I hoped that I could hear it once more in the future, "Nästa Station, Lund Central".



My Closest Friends during Exchange

II. General Exchange Information

Preparations for Your Adventure...

(In chronological order)

A) Assessment of Course Equivalence for Credit Transfer (Aug)

Soon after you are informed of getting an exchange offer from SBM, you should apply for an official transcript through ARR and start researching on the courses you wish to take. Information of courses could be found on LUSEM's course list. [1]

Do check the Credit Transfer Equivalence Database to see whether the courses you plan to take have been approved or not in the past. If not, you or one of your friends who also want to take the exact same course in the exchange semester with you, should submit an assessment request to ARR through email.

P.S. The decision letter on My Study Abroad system serves well as the official confirmation required for course assessment. You should apply for course assessment asap, preferably in August, as it takes at least one month to process.

B) Course Registration [Online Application] (Sep-1st Oct)

There will be a welcoming email from LUSEM International Office in late September which includes the link, login information and procedures of the admission process to Lund University (online application).

The application period for Spring semester usually starts on 1st October. You will be asked to provide some personal information and documents, academic transcript and image of passport for example, and apply for courses. A step-by-step guide on how to apply could be found after login to the system.

You could take up to 30 ECTS credits of courses for one semester, that is a total of 4 courses. (one regular course carries 7.5 ECTS credits) Lund University divides one semester into two periods. You are advised to take two courses in the 1st period and the other two in the 2nd period. During the online application, you are required to state 2 alternatives per course in case you are not enrolled in your first choices. That means you will need to think of 12 courses you may want to take. You will also have to state whether or not you want to take the introductory Swedish course for exchange student, one of the activities in orientation weeks, in this application process.

C) Accommodations (2nd Oct)

There are several ways to look for accommodation. The official housing agent of Lund University is LU Accommodation. Housing is not guaranteed, and most dormitories have super limited quotas. On top of that, online application is processed in a first-come-first serve basis, so you are strongly advised to apply as quickly as possible on the first day when the

server opens (2nd Oct HKT15:00 in my case), as quickly as if doing course registration in UST! Information about room types, rents and housing areas could be found on their website [2]. 2 out of the 5 UST students got an offer in the first round. The two lucky ones got an offer of studio flats in Pålshöj, which is an expensive option (approximately 4600 SEK/month).

If you got no offer, you can then take part in the newcomers (novis) lottery by AF Bostäder [3], a student housing agent recommended by the university. You must be a member of Studentlunds, the student society of Lund University, when applying for a lottery number, so go to their website [4] and pay SEK 100 for the membership. Another 2 UST students got an offer of corridor rooms in Sparta (approximately 3800 SEK/month).

If you are as unfortunate as me, you can turn to Bopoolen.se [5], another trust-worthy student housing agent, to search for accommodation. After posting an advertisement on the website, I got emails replied by individual landlords. I chose to stay with a family in Östra Torn, 8 min biking distance from the business building, with kitchen shared with my landlords and a full-time student from Lund University. (Rent 3700 SEK/month)

- P.S.*
- 1. Don't consider accommodations in Malmö and Helsingborg. They are simply too far away.*
 - 2. Sparta is the closest housing area to the business building and there is a supermarket right next to the dormitory.*
 - 3. 'Non-furnished rooms' literally means that there is no bed/mattress/table/chair in the room. You need to purchase everything yourself and leave the room empty when you move out.*
 - 4. If you need to rent a place from private parties, make sure to communicate well with your landlord while signing the contract and be aware of scams.*

D) Visa Procedures (Oct-Nov)

Instead of a 'Visa', you will need to apply for a 'residence permit' on the Swedish Migration Agency Website [6]. The whole process takes a month and a half if it goes smoothly. An official letter of acceptance from Lund University is required in the process, so you have to send an email request to the International Office of LUSEM to get the letter immediately after the online application.

All you need to do is to fill out an application and pay the fee (SEK 1000) online. Probably within 2 weeks, you will receive an email from 'Consulate General of Sweden to Hong Kong and Macau' asking you to visit the embassy for biometrics. (Though it is stated in their email that no prior appointment is required, I call them to play safe.) Bring along your passport and HKID card and visit the embassy in Wanchai during their office hours. Once the residence permit card is ready (after 3 weeks in my case), you will be informed to pick it up at the embassy.

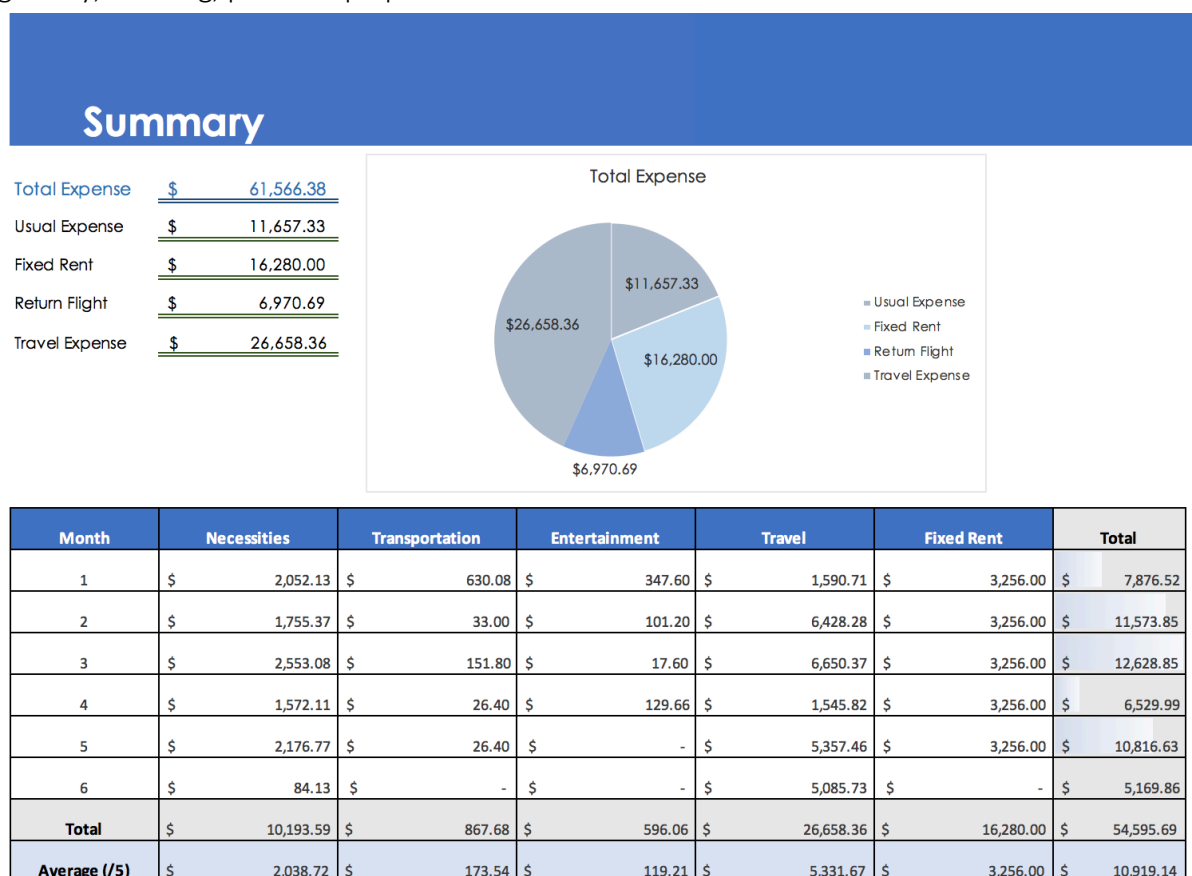
E) Finance & Banking (Nov)

You can definitely live 5 months in Lund without using any cash as everything could be paid, and preferably, by credit cards. However, you are strongly advised to apply for an ATM card

with Cirrus or Mastercard logo to take out cash for travelling to other places. Remember to activate the overseas ATM cash withdrawal function before leaving Hong Kong. I have included a website in part IV which compares the fees of different ATM cards [7].

- P.S.
1. When paying bills with your credit cards, a 4-digit PIN code may be required, but there is no PIN code for HK credit cards. You may simply key in 0000 when necessary.
 2. When paying bills online with your credit cards, a one-time-password may be sent to your phone via SMS. You should keep your HK SIM card properly as you may need to change SIM cards frequently.
 3. For ATM cards, most of us UST students use Citibank's Citi Clear Student Card or Standard Chartered Priority Banking ATM card.

Below is a summary of my expense throughout my exchange semester (9th Jan- 11th Jun) in HKD, with exchange rate 1 Swedish Krona (SEK): 0.88 Hong Kong Dollars. Necessities include grocery, clothing, phone top up fee etc.



On your Journey...

F) Orientation Activities

Lund University provides a great variety of orientation activities for exchange students in the first two weeks of the semester, from hiking tour, language lessons, Welcome Party, concert to pubbing. Some of them are charged. You can buy tickets with cash on the arrival day and follow the schedule to participate in the events you are interested.

Here are some of the activities that I joined and highly recommended:

- *SUSA11, Swedish: Introductory Course for Exchange Students 1* – Together with other exchange students from all around the world, you could learn some basics of the Swedish Language in two weeks. This is extremely useful. At least you will not grab 'apelsin juice' (orange juice) when you want apple juice.
- *Söderåsen National Park Hiking Tour*– Half day excursion to a truly uninterrupted forest, just one hour driving distance away from Lund city centre.
- *Treasure Hunt Challenge*– A good chance to meet your assigned mentor group and visit the buildings of different Student Nations and Clubs.

G) Teaching & Assessment Methods

The learning atmosphere is much more relaxed comparing to UST. Student's initiative and self-motivation are highly required. Unlike Hong Kong, courses do not start and end at the same time. Instead, course A may start first, while it comes to examination for course A, course B starts. Including the Introductory Swedish course, I took 5 courses in total.

1st period:

- *SUSA11 Swedish: Introductory Course for Exchange Students 1*
This course could be transferred as 2 free credits in UST. Lectures are given every day over the 2 orientation weeks. The lecturer is humorous and easy to follow despite our large lecture class. You will learn some basic Swedish terms and phrases which are very useful in daily life. The all-MCs exam is optional.
- *INFC40 Information Systems Security*
This course is equivalent to a 4-credit IS-level 3000 elective. It mainly talks about the basic organisational concepts of information systems security and fundamental principles of organisational concepts of data security. Students are assessed by a group project (presentation and report) and a take-home exam, which requires you to set the questions, answer the questions and make a grading scale all by your own, and the professor will grade it based on how well you understand the requirements.
- *FEKG25 Global Strategic Marketing*
This course is equivalent to MARK3430 Global Marketing (4 cr). There are lectures and three mandatory seminars. Students are divided into groups of 5. In the seminars, student groups has to work on a case and take turns to present it and lead the class discussion. We are also assessed by a group project and a sit-in all-MCs exam.

2nd period:

- *SASH26 Diversity of the World's Languages*
This course is equivalent to a 4-credit Common Core Course in Humanities. It talks about the basics of linguistics and introduces different language families in the world. There is a group project requiring a group of 4 to analyse the grammar of an exotic language and present it at the end of the course. The take-home exam of this course

is really interesting as one of the questions require us to create our own alien language. I highly recommend this course to those interested in linguistics.

- FEKH21 International Business & Multinational Enterprises

This course is equivalent to MGMT4230 International Management (4 Cr). Through it is a management course, I feel like it is more of a global marketing course. Students are assessed based on a written quiz, a written group project, and a group presentation.

H) International Services & Activities

Exchange students are assigned to different mentor groups before the semester starts. Depending on how engaged your group members are, there may be gathering and hangouts throughout the semester.

You may also check out the Facebook page of the community group Eos Care [8]. They hold language café, local discoveries tours, cooking lessons and more all year round.

I) Sports & Recreation Facilities

As a non-athletic person, my daily exercise is basically the 16-minute bike riding between my home and LUSEM (sometimes 45 minutes if I go to Lund Central), but from what I know, Viktoriastadion is the cheapest sport centre offering a range of facilities from a gym to courts for tennis, squash, badminton and so on.

Apart from sports, it is always fun to walk around the city. There are museums (e.g. The Lund University Historiska Museet) to visit and a lot of parks (e.g. the Botanical Gardens) to have picnics in Lund. You will never get bored as the scenery changes really fast and you may see locals riding horses while you are riding a bike on the same track!

J) Social Clubs & Networking Opportunities

There are 13 student nations in Lund University organizing a very wide range of activities including but not limited to meal gatherings, pubs and clubs and parties. I personally joined Västgöta Nation, which is close to my place, and went to one of its sittnings (means seated meal in Sweden).

You need to be a member of Studentlund and physically pay visit to the nation house within the orientation weeks to join a nation. Although you can only join one nation, with the Studentlund membership card (Studentkortet), you can participate in activities held by all other nations. There may not be discount for those activities though.

K) Health & Safety

Lund is a safe and calm city. My only two concerns in Lund are basically getting lost in the dark with no passerby to ask for direction, and having belongings stolen. For your

information, there is NO CCTV camera on the campus. You should always take good care of your belongings, especially your laptop and bike.

I was fortunate enough to stay healthy in the 5-month span. Detailed information regarding local hospitals, clinics and pharmacies could be found in the student guide you received on the arrival day. In case of an emergency, call 112.

L) Food

Like other European countries, dining out in Lund is expensive, costing at least 100SEK. It seems more economical to cook for yourself. There are a few supermarket chains in Lund.

The fanciest one is 'Coop'. 'ICA' next to Sparta, and 'Willys:' in Delphi are at medium price. A cheaper option would be 'Lidl' but it provides a relatively little variety of choices. 'ÖoB' in Western Lund is supposedly the cheapest but it is just too far that we will not go there for grocery. If you want to buy some Asian food ingredients, Choi Sum, frozen fish balls, Japanese curry blocks for example, you can visit LokChan AB in Lund Central.

- P.S.*
- 1. Jasmine rice is sold cheapest at Willys:*
 - 2. Plastic bags are charged so remember to bring your own bags.*
 - 3. There is usually a machine outside supermarket for plastic bottle recycling. You can either get back 1SEK/bottle as coupon or donate it.*

To reward yourself occasionally, here are some recommendations.

Lundafalafel: Wraps and salads at student-friendly prices. (30SEK for a large falafelrulle)

Bistro 046: Pepperoni Pizza is surely worth trying.

Tugg burger: Perfect Burger and sweet potato fries.

Patisseriet: Comfy café where you can have a nice fika. (coffee time in Swedish)

Rosegarden: If you really miss Asian food, dinner buffet here costs 239SEK.

Fengsson Dumplings: Tiny underground dumpling restaurant opened by nice Sichuan people.

Aiko Sushi: All-you-can-eat sushi place for 219SEK.

M) Transportation

I travel within Lund by my landlord's bike for most of the time, but I will take bus in bad weather. One-hour/one-day/30-day bus tickets could be bought using the app 'Skånetrafiken'. (Only available in Swedish version.) A one-hour bus ride within Lund normally costs 18.75SEK for students. Appropriate bus ticket bought with the app could also be used in Malmö, the city next to Lund.

Jojo Student Card is a discounted prepaid card works similarly as the student Octopus card in Hong Kong. You could get one on the Arrival Day at the venue. We usually use it only when buying train tickets to Copenhagen Airport or other Swedish cities, as bus tickets on the app costs less than paying with Jojo card.

- P.S*
- 1. Cash is not accepted as payment on board buses or trains, you have to buy the ticket beforehand.*
 - 2. In Sweden, all traffic drives on the right. This includes bikes.*

3. *Riding a bike, you have to indicate with your arm whenever you wish to turn left/right.*

N) Climate

Located in the Southern Sweden, Lund is indeed not that cold, but dry and windy. There are snowfalls from January to March and the sun sets as early as 3p.m. February is probably the coldest month with average temperature of 0°C. It gets warmer and warmer from April. In May, it could reach 28°C and it will be still bright outside at 7 p.m.

If you do not plan to travel to colder places, a 3-in-1 jacket plus HeatTech underwear would be sufficient for living in Lund. The key point is to keep your exposed body parts warm using beanies, earmuffs, scarfs and gloves. It is also very essential to have your outer layer of clothes, trousers and shoes waterproof since it could be so windy while raining and snowing that it is impossible to hold an umbrella.

O) Communication

It is not a problem in Sweden, even the elderly speaks perfect English. The locals are friendly and love to practice their English, but still they will be delighted if you can reply them with one or two Swedish words. (e.g. Tack så mycket: 'Thank you very much' in Swedish)

P) Cautionary measures

As mentioned in the part Health & Safety, Lund is safe, but you still need to stay alert. Stealing unattended belongings is unfortunately quite common in Lund. In the winter season, your phone battery could drop rapidly. It happens to me that my phone dies when I was out in the middle of nowhere at night. So, always bring one or more portable chargers with you.

Items to Bring

- ☐ Passport
- ☐ HKID card
- ☐ Resident Permit
- ☐ Insurance Documents
- ☐ Letter of Acceptance (2 copies)
- ☐ Credit Card
- ☐ ATM Card (Cirrus/ Mastercard)
- ☐ Cash: 2000 SEK + 1000 EURO (for travel/ in case of emergency)
- ☐ Medicines
- ☐ Moisturizers, lip balm, hand cream
- ☐ Adaptors (two round pins)
- ☐ Phone
- ☐ Chargers
- ☐ Portable chargers
- ☐ Laptop
- ☐ Stationery
- ☐ Umbrella
- ☐ Hair Dryer
- ☐ Cabin Bags (Backpack, anti-theft crossbody bag)
- ☐ 3-in-1 jacket
- ☐ Coats and Jackets
- ☐ Waterproof shoes/boots
- ☐ Scarf
- ☐ Earmuffs
- ☐ Beanie
- ☐ Waterproof gloves
- ☐ HeatTech
- ☐ Winter clothes (for Jan-Apr)
- ☐ Summer clothes (for Apr-Jun)
- ☐ Flipflops
- ☐ Rice cooker (optional)
- ☐ HK local snacks (for homesick/ sharing with new friends)

IV. Useful Links and Contacts

- [1] LUSEM's course list <https://www.lusem.lu.se/study/exchange/courses>
- [2] LU Accommodation <https://www.luaccommodation.lu.se/accommodation-student/>
- [3] AF Bostäder <https://www.afbostader.se/en/>
- [4] Studentlund <https://www.studentlund.se/>
- [5] Bopoolen.nu <https://bopoolen.nu/en/>
- [6] Swedish Migration Agency: apply for resident permit
<https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Universities-and-university-college/How-to-apply-for-the-first-time.html>
- [7] Comparison of different ATM cards in terms of fees
<https://www.moneyhero.com.hk/blog/zh/%E5%A4%96%E9%81%8A%E5%BF%85%E8%AE%80-%E6%B5%B7%E5%A4%96atm-%E6%8F%90%E6%AC%BE%E6%94%BB%E7%95%A5>
- [8] Eos Care <https://www.facebook.com/eoscares/>



*"I may have lots of regrets in my life,
but never did I doubt my decision to
go on an exchange in Lund."*

Feel free to get my contact from SBM Exchange Team by emailing at bmugexch@ust.hk if you need any help.